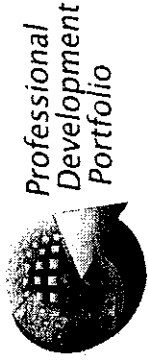


## Step 4: Learning Activities Log



As a result of revision of the PDP process, dietetics practitioners can now increase their current Professional Reading limit of 15 CPEUs per 5-year recertification cycle, for those who can document authoring a publication (journal article in a scientific peer-reviewed journal or a chapter in a published, dietetics related textbook). An increase in the limit of 5 CPEUs per published, peer-reviewed journal article or a chapter in a book, up to a maximum of 20 CPEUs is allowed.

If your article or chapter has been published within your current 5-year recertification cycle, your Professional Reading limit can be increased by 5 CPEUs per article or chapter, up to a maximum of 35 CPEUs if you have authored four articles (or two articles and two chapters, etc.). To receive an increase in your Professional Reading CPEU limit, record below the articles or chapters which you have written:

EXAMPLE	Title of article or chapter: <i>Metabolic Syndrome and its Association with Diet and Physical Activity in US Adolescents</i>
1.)	Name of journal or text in which article or chapter appears: <i>Journal of the American Dietetic Association, Feb 2008, Vol. 108, Number 2</i>
	Title of article or chapter:
	Name of journal or text in which article or chapter appears:
2.)	Title of article or chapter:
	Name of journal or text in which article or chapter appears:
3.)	Title of article or chapter:
	Name of journal or text in which article or chapter appears:
4.)	Title of article or chapter:
	Name of journal or text in which article or chapter appears:

Please print in capital letters using a black pen:

**STEP 4 - LEARNING ACTIVITIES LOG**

License No:

Last Name:   
 First Name:

MI:



Professional  
Development  
Portfolio

In this step you document your participation in Continuing Professional Education (CPE) activities that support your learning plan. Make copies of the reverse side of this page to add CPE activities as necessary. For each of your CPE activities completed in this recertification cycle:

1. Print the Learning Need Code in the boxes provided. (see your Step 3 - Learning Plan for Learning Need Codes)
2. Print the CPE Activity Type code in the boxes provided (see Learning Plan or PDP Guide for CPE Activity Type codes).
3. For each CPE activity, print the required activity description. (For #'s 2 and 3, see "Approved CPE Activities" section of the Guide)
4. Print the number of CPE Units in the boxes provided.
5. Print the date the CPE activity took place.
6. Indicate how you did (or will) use the knowledge or skill gained.
7. When you have recorded 75 CPEUs (50 for DTRs), send the completed form to CDR. Partial submissions, or logs that do not meet the minimum 75 CPEUs (50 for DTRs) requirement, will not be accepted.

Submit this form to OBD by June 30 of the last year of your five year period. Maintain a copy of this form and all required documentation for two years beyond the end of your recertification cycle.

Learning Need Code	CPE Activity Type	Activity Description (Title and Provider/Source of CPE Activity)	CPE Activity Data	How did (or will) you use the knowledge or skill acquired from this learning activity?
<input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/>	<input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/>	Title  Provider	# CPE Units*: <input type="text"/> <input type="text"/> . <input type="text"/> <input type="text"/>  Date CPE activity completed: MO <input type="text"/> <input type="text"/> DAY <input type="text"/> <input type="text"/> YR <input type="text"/> <input type="text"/>	
<input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/>	<input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/>	Title  Provider	# CPE Units*: <input type="text"/> <input type="text"/> . <input type="text"/> <input type="text"/>  Date CPE activity completed: MO <input type="text"/> <input type="text"/> DAY <input type="text"/> <input type="text"/> YR <input type="text"/> <input type="text"/>	

Total CPEUs this side: .   
 \* Do not round up from .5

Page:

(You may wish to copy this side of the form to add CPE activities. Complete License # and Last Name for each side)

## STEP 4 - LEARNING ACTIVITIES LOG

Learning Need Code	License No: completed	Last Name:	Activity Description (Title and Provider/Source of CPE Activity)	CPE Activity Data	How did (or will) you use the knowledge or skill acquired from this learning activity?
<input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/>	<input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/>	<input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/>	Title Provider	# CPE Units*: <input type="text"/> <input type="text"/> . <input type="text"/> <input type="text"/>  Date CPE activity completed: MO <input type="text"/> <input type="text"/> DAY <input type="text"/> <input type="text"/> YR <input type="text"/> <input type="text"/>	
<input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/>	<input type="text"/> <input type="text"/>		Title Provider	# CPE Units*: <input type="text"/> <input type="text"/> . <input type="text"/> <input type="text"/>  Date CPE activity completed: MO <input type="text"/> <input type="text"/> DAY <input type="text"/> <input type="text"/> YR <input type="text"/> <input type="text"/>	
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Total CPEUs this side: <input type="text"/> <input type="text"/> . <input type="text"/> <input type="text"/>				*Do not round up from .5 Page: <input type="text"/> <input type="text"/>	